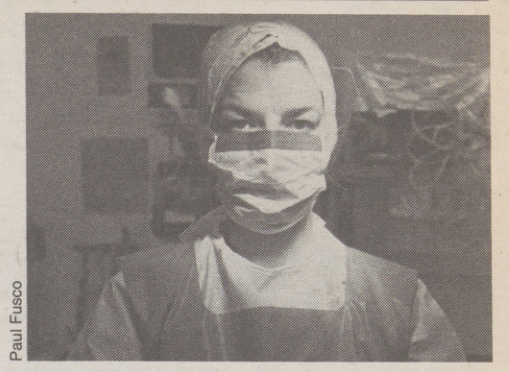
Volume 7, Number 2 January 18-31, 1992

# UCSF Newsbreak



Paul Fusco

**Page 6 . . .** HIV-Positive Policy

## New Center for Neuroscience Research on Mammalian Brain

The National Institute of Mental Health has given UCSF $4 million to establish a Center for Neuroscience Research on Analysis of Long-Term Changes in the Mammalian Brain.

Headed by Lily Jan, professor, physiology and biochemistry, the UCSF center plans to address questions concerning the development and plasticity of the mammalian central nervous system using multidisciplinary and highly collaborative approaches. Much of the study will focus on the hippocampus, a region of the brain known to be involved in learning and memory.

The UCSF Center and two other neuroscience centers in the US will be dedicated in memory of the late US Representative from Massachusetts, the honorable Silvio Conte, an enthusiastic supporter of neuroscience research. He is responsible for introducing legislation to declare the '90s the "Decade of the Brain."

Recent advances in molecular biology and cellular physiology and their application to neuroscience research have now made it possible to launch a multidisciplinary approach to study the mechanisms underlying the functional changes not only of the developing brain, but also of the adult brain, following specific neuronal activities.

The collaborative studies on our campus will combine the expertise of Jan with fellow researchers Yuh Nung Jan, professor, physiology and biochemistry; David Julius, assistant professor, pharmacology; Roger Nicoll, professor & chair, pharmacology; and Louis Reichardt, professor, physiology & biochemistry and co-director of the Neuroscience Graduate Program.

Yuh Nung Jan is one of the leading scientists who have utilized the powerful genetics of the fruit fly *Drosophila* to identify a number of genes important for the formation of the *Drosophila* nervous system. He will use knowledge gained from the study of the fruit fly nervous system to investigate the information of the mammalian brain. The mammalian and human brains are likely to utilize similar genes.

Julius is well known for his contributions to the study of receptor molecules that mediate the actions of neurotransmitters in the central nervous system, including the cloning by functional expression of several different serotinin receptor genes.

Nicoll is a leading authority in the studies of the mechanisms and plasticity of signalling between nerve cells in the hippocampus and has played a seminal role in the cellular analysis of hippocampal neurons.

Reichardt is an expert in neural trophic factors and adhesion molecules, which are important for survival of nerve cells and for guidance of their far-reaching cellular processes.

Lily Jan has used *Drosophila* molecular genetics to isolate the first gene for a potassium channel, which regulates the strength of signalling between nerve cells. Cloning of this gene in *Drosophila* has led to cloning of similar genes in mammals, including man.

David Powers

*Researchers Lily Jan and Yuh Nung Jan*

## Michael Aminoff Wins Royer Award

Michael J. Aminoff has won the 28th annual J. Elliott Royer Award for his outstanding contributions to the field of neurology. Acclaimed nationally as a leader in clinical neurology and neurophysiology, Aminoff directs UCSF's Movement Disorders Clinic, Parkinson's Disease Clinic and the clinical neurophysiology labs.

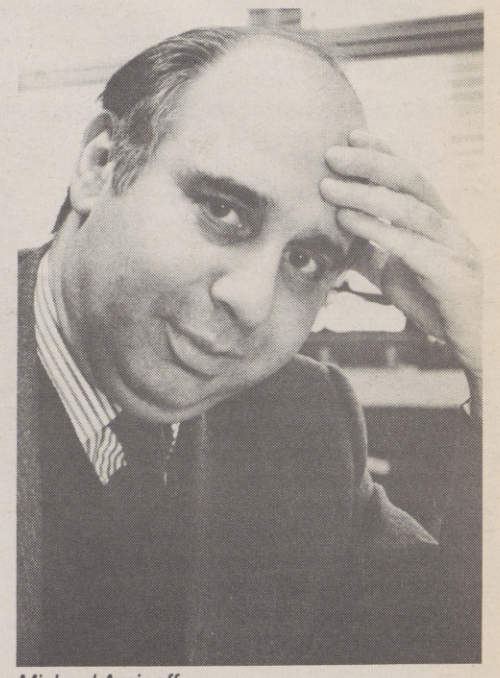
Aminoff will receive the award, which this year carries a $25,000 prize, at a campus ceremony in February.

A professor of neurology, Aminoff has been with UCSF since 1974, primarily studying the autonomic nervous system and motor disorders. He has been described as one of the major clinical scholars of our time, and as being perhaps the only person in neurophysiology who is recognized as an expert in virtually all aspects of the field, from muscle to cerebral cortex. Through electrodiagnosis he has added to the understanding of the basic mechanisms of the nervous system as well as defining technical and therapeutic approaches in clinical practice.

His research studies have included pioneering work on the use of botulinum toxin in the treatment of various categories of movement disorder, using routine and ambulatory EEGs to evaluate seizure disorders, and using "somatosensory evoked responses" — stimulating the skin and tracing the nerve pathways to the brain — to determine various peripheral nerve disorders.

He has been investigating new medications to treat Parkinson's disease, and is studying the manner in which normal motor control becomes disordered in that disease.

*(continued on page 2)*



*Michael Aminoff*

## Symposium Honors School of Nursing's WHO Designation

The entire campus community is invited to an inaugural symposium on Friday, January 31, to honor the School of Nursing being designated a World Health Organization Collaborating Center for Research and Clinical Training in Nursing. The full-day symposium, entitled "Nursing & the Primary Health Care Agenda," will be held in Cole Hall, and will feature nursing professionals from around the world.

Highlights of the talks will include "The Pan American Health Organization Perspective," "The Global Network of WHO Collaborating Centers," "The Far Eastern/Asian Perspective," and "The Latin American Perspective."

Governments all over the world look to the WHO, a specialized agency of the United Nations, for advice and practical assistance in strengthening health care services; training doctors and health workers; controlling or eradicating major diseases such as AIDS, malaria and TB; protecting the health of mothers and children; improving sanitation and water supplies; and promoting mental health.

Our nursing school will develop collaborative research projects with colleagues around the world, while it continues to provide academic and clinical programs tailored to the scores of international visitors, students and scholars coming to our campus every year.

The WHO nursing center at UCSF will be co-directed by professors Margretta Styles and William Holzemer, both mental health community & administrative nursing.

The symposium is free. There is a $15 registration fee if you want to receive CE credit and participate in a noon luncheon. For further information call 476-6975.

## The Good, The Bad, and The Ugly

Governor Pete Wilson unveiled his 1992-93 budget on January 9. His proposal included a $31 million increase (about 1.5%) in the UC budget over last year and a $550 increase (about 22%) in student fees. For the second consecutive year it does not contain funds for cost-of-living increases for UC faculty or staff.

The UC Regents have been meeting on the proposed budget yesterday and today. Will UC employees get merit increases this year? How might this translate into what's actually going into your pocket? See the next issue of *Newsbreak* for all the details.

## Christopher Columbus Awards to John Clements, Y.W. Kan and Stan Prusiner

John A. Clements, Yuet Wai Kan and Stanley B. Prusiner each will receive a Christopher Columbus Discovery Award in Biomedical Research from the Christopher Columbus Medical Sciences Committee (CCMSC) of the National Institutes of Health and the CCMSC of Genoa, Italy.

Only seven other Americans and five Italians will receive the award, which compares the boldness of Columbus' venture into the unknown, his diligence in exploration, and the subsequent impact of his discoveries, to modern counterparts in biomedical research.

The awards are being given as part of the 500th anniversary observance of Columbus' first voyage from Spain to the "New World" in 1492.

At the time of this writing it had been planned that President Bush would present the awards to the 10 American recipients at a dinner in Washington, DC on Tuesday, February 11. The five European recipients are invited to accept their awards at a similar dinner to be held in Genoa in late October.

Clements is the Julius H. Comroe, Jr. Professor of Pulmonary Biology, and professor, pediatrics and a senior staff member of the Cardiovascular Research Institute. Kan is the Louis K. Diamond Professor of Hematology; professor, laboratory medicine & medicine; chief, molecular medicine & diagnostics; and an investigator in the Howard Hughes Medical Institute. Prusiner is professor, neurology and biochemistry & biophysics.

# Gazette

## Honors & Awards

*Brunstetter Shafer*

Glenn Jay

*Watts*

**Mary-Ann Brunstetter Shafer:** Received the Adele Hofmann Award from the American Academy of Pediatrics for her distinguished contributions to the field of adolescent health. Shafer is associate professor, pediatrics; associate director, adolescent medicine.

**J. Michael Bishop:** Elected to the Board of Trustees, Salk Institute for Biological Studies in San Diego. Bishop, who shared the 1989 Nobel Prize in Medicine & Physiology with Harold Varmus, is director, Hooper Foundation; professor, microbiology, immunology, biochemistry & biophysics.

**Eileen B. King:** Cytology Review course was given by the Osler Institute and UC San Diego in recognition of her contributions as one of the world's leading cytopathologists and cytopathology teachers. King is clinical professor, pathology, epidemiology & biostatistics.

**H. David Watts:** His production company's educational program, "Aging Young," won first place at the Health Sciences Communications Association medical festival and was a finalist for "Best of Show." The program also won a Bronze Apple from the National Educational Film & Video Festival and an honorable mention from the American Film & Video Festival. "Aging Young" is part of a series airing on Lifetime Cable and The Discovery Channel called "Issues in Pharmacy Practice," which was a finalist in the John Muir Medical Film Festival. Watts himself was honored recently by his alma mater, Southwestern University, by being named the university's 1991 Distinguished Alumnus in recognition of his life & work. Watts is associate clinical professor, medicine.

**Marvin H. Sleisenger:** Named a Distinguished Physician by the Veterans Administration, one of only two in the nation this year. Sleisenger is professor, medicine; acting director, CRI.

**Robert S. Wallerstein:** Received the Second Annual Mary S. Sigourney Award for his outstanding contributions to psychoanalysis over the last 10 years. The award carries a cash prize of $18,000. Wallerstein is professor emeritus, psychiatry.

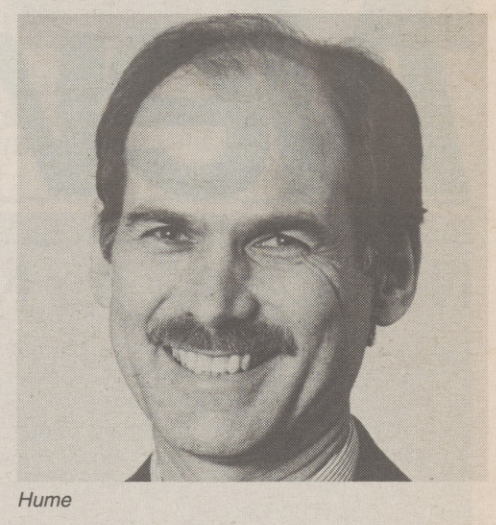
**David J. Sanchez:** Winner of the Academic Excellence Award from the Chicano/Latino Medical Association, which represents over 1,000 Chicano/Latino physicians in California dedicated to medically underserved communities and the institutions that train physicians to serve in these areas. Sanchez is assistant vice chancellor, academic affairs; professor, family & community medicine.

**Lawrence Litt:** Chosen to serve as a member of the Neurology A Study Section, Division of Research Grants, US Department of Health & Human Services, for a four-year term. Study sections review grant applications submitted to NIH, make recommendations on these applications to the appropriate NIH national advisory council or board, and survey the status of research in their fields of science. Litt is associate professor, anesthesia & radiology.

**Zena Werb:** Elected a council delegate of the American Association for the Advancement of Science for a three-year term. Werb is professor, anatomy, cell biology and Laboratory of Radiobiology & Environmental Health.

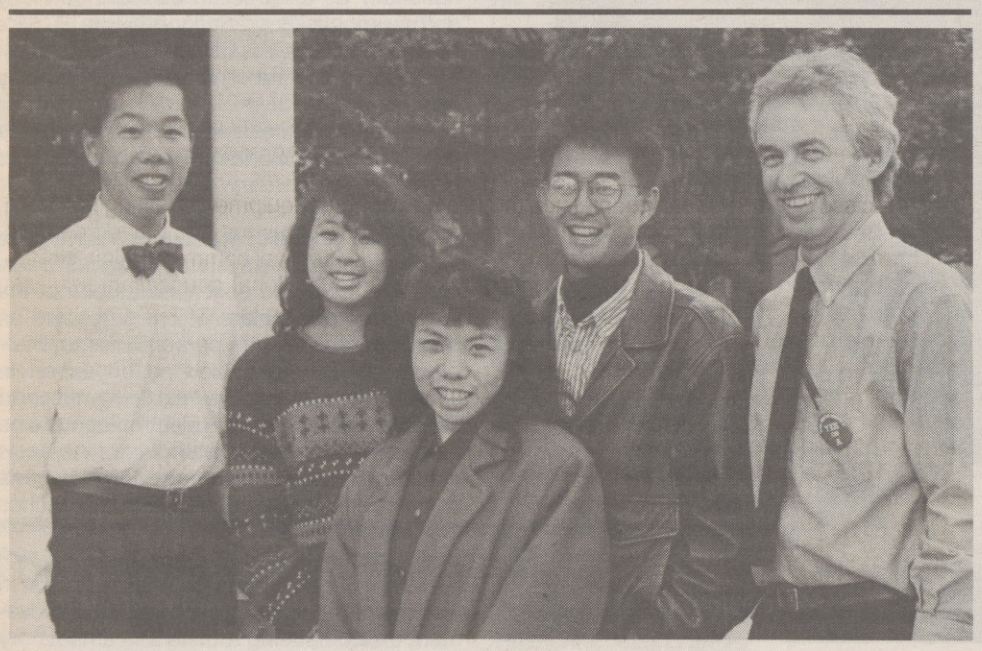
**Sheldon Wolff:** Chosen as the Failla Lecturer for 1992 by the Radiation Research Society. The award was established to honor Gioacchino Failla, one of the founders of the Society. Wolff is professor, cytogenetics; director, Laboratory of Radiobiology & Environmental Health.

## Appointments



*Hume*

**Rory Hume:** Appointed professor & chair, restorative dentistry. Coming to UCSF from the University of Sydney, Australia, where he was dean of dentistry, Hume is not new to the UC System. In 1975, he was an American Heart Association fellow at UCLA, and from 1977-1983 he was assistant, then associate, professor of dentistry there. In order to enhance student development within a rapidly changing field, he plans to restructure the department's clinical training phase. He would like to focus on comprehensive dental care in order to enrich teaching and research opportunities, in addition to strengthening graduate research and speciality programs. Hume will continue his work on the biological effects of materials used in tooth restoration.



## Dental Students Win National Award for Middle School Project

*Benson Wong, Karen Yee, Nancy Cheung and Eric Yabu (left to right) have been awarded second place from the American Association of Public Health Dentistry for Outstanding Achievement in Community Dentistry for their project, "Development & Implementation of a Three-Week Dental Health Science Unit for Middle School Students." Wong, Yee and Yabu are third-year dental students, while Cheung is in her second year of dental hygiene studies. Howard Pollick (far right) taught the elective class in which the group developed the project and nominated it for the dental student merit award. The class worked with JoAnne Miller and Art Sussman of the Science & Health Education Partnership (SEP), through which the program was introduced at the Hoover Middle School last spring. According to Pollick, the program is being refined and it is expected to be expanded to additional middle schools this year.*

## Aminoff *(from page 1)*

Aminoff also has had a longstanding interest in spinal and cerebral vascular malformations.

His clinical opinion is frequently requested by neurologists across the state and country, and he attracts patient referrals from around the world.

Aminoff is on the editorial boards of five journals, ranging from *Muscle & Nerve* to *Neurology*, and is the editor of *Electrodiagnosis in Clinical Neurology* (Churchill-Livingstone), which has been a standard in the field since 1980. He also is the editor of the textbook *Neurology & General Medicine*, has authored three other books on medical topics, and is now co-editing three volumes of *The Handbook of Clinical Neurology*.

A member of the American Neurological Association, a fellow of both the American Academy of Neurology and the Royal College of Physicians of London, Aminoff is on the California Medical Society's Scientific Advisory Panel on Neurology. He is chair of the American Board of Clinical Neurophysiology and president of the American Academy of Clinical Neurophysiology.

The Royer Award was established by the UC Regents in memory of the late Oakland physician who left an endowment to recognize significant contributions to the advancement of psychiatry and neurology. The award alternates each year between the two fields, and is presented to a physician practicing in San Francisco or the East Bay.

## In Memoriam

**Sheldon Berrol:** Associate clinical professor & chief, physical medicine & rehabilitation, SFGH, he was an internationally recognized expert in head injury rehabilitation. He held a concurrent appointment in the Department of Surgery at Stanford. Berrol, the creator of spinal cord and head injury rehabilitation programs that became national and international models, was also a catalyst for implementing interdisciplinary team approaches to physical medicine and rehabilitation. He came to UCSF in 1981 after serving as chief of head trauma rehabilitation and chair of physical medicine at Santa Clara Valley Medical Center. He was 61. Memorial donations may be made to the National Head Injury Foundation, 1140 Connecticut Ave. NW, Suite 812, Washington DC, 20036, or Hadassah Medical Organization, c/o F. Friedkin, 3877 Howe St., Oakland, 94611.

**Howard F. Morrelli:** Chief of the geriatric service and director of the nursing home at the Fresno VAMC since 1985. He had been chief of the VAMC medical service and professor of pharmacology and medicine in the UCSF medical education program from 1978. Positions he held at UCSF include assistant chief of medical services at Moffitt Hospital, associate dean for postdoctoral affairs and co-director, Division of Clinical Pharmacology. Morrelli was working on the third edition of the textbook *Clinical Pharmacology: Basic Principles of Therapeutics*, which he co-edited with Kenneth L. Melmon of Stanford. The UCSF Alumni Association representative in Fresno, Morrelli also was an active member of the Gold-Headed Cane Society. He was 56. A memorial fund is pending.

**Otto E. Guttentag:** Professor emeritus, medicine; lecturer emeritus, medical philosophy, history of the health sciences, and family & community medicine. One of the pioneers in the field of medical ethics, he came to UCSF in the 1930s to become chair of homeopathy at UCSF, gradually shifting his interests to studies in the theoretical and philosophical aspects of medicine. Head of the renal clinic and later responsible for establishing the obesity clinic, he became the UCSF Hahnemann Professor of Medical Philosophy & Medicine in the 1950s. He won the UCSF medal in 1980 and a year previous received the annual award of the Society for Health & Human Values of the National Association of Scholars & Teachers of the Humanities. He was 91.

**Ilsa Caswell:** Assistant clinical professor, medicine, Division of Oral Biology; director, Clinical Laboratory in Dental Medicine. She taught an introductory course in medicine to dental students for 25 years. A '49 graduate from our School of Medicine, she was a physician in the Student Health Center at SF State University, twice served as president of the American Medical Women's Association of Northern CA and also as president of the San Francisco Academy of Hypnosis. Her husband, Frederick H. Meyers, also a '49 graduate, is professor, pharmacology. Two of their children also graduated from UCSF — Frederick with an MD in 1976 and Anne with a PhD in pharmacology in 1984. Caswell was 73.

**Ella G. Kahn:** president, UCSF Hospitals Auxiliary 1988-90, and chair of the Auxiliary's membership committee from 1989-1991. Devoting herself to many other San Francisco civic and community organizations since 1935, she served as president of the League of Women Voters (LWV) and was founder and chair of the LWV of the Bay Area. Kahn also served as director of Goodwill Industries and was a member of a number of San Francisco Charter Revision Commitees. Memorial donations may be made to the Hospitals Auxiliary, UCSF, 94143-0208.

**Robert W. Johnson:** Coming to campus in 1986 as a principle clerk in transportation services, he was promoted to administrative assistant II in 1987. Besides providing clerical support for the office, he administered all, and organized some, of the van pools for UCSF commuters including those for Fairfield, Vacaville, the South Bay, the East Bay and Marin. He was 38. Memorial donations may be made to AMFAR/American Foundation for AIDS Research, 1515 Broadway, Suite 3601, NY, NY, 10036.

## UC President's Fellows Named

*Two UCSF postdoctoral fellows have been named UC President's Postdoctoral Fellows for 1991-92. Tim Turner (right), from the Department of Anatomy, is a first-time recipient of the fellowship, while Corrine Yoshihara, from the Department of Physiology, has been reappointed after receiving the award last year. The program is designed to improve the quality and diversity of university faculty and to encourage outstanding minority and women PhD holders to pursue academic careers within the UC System.*


## UCSF *Newsbreak*

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**Deadline** for the next issue, which will cover February 1-14, will be on **Friday, January 17, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

## A National Health Care System . . . for this Country?

Health care in the US? Many people would say it is in quite a mess, especially when it comes to the uninsured, the poor and the indigent. What can be done about it?

Over the next several months, the School of Nursing is bringing to campus several well-versed lecturers on health policy reform and the need for national health care.

The series, appropriately entitled "National Health Care Reform," will next feature Humphrey Taylor, president of Louis Harris & Associates, who will discuss "Consumer Perspectives on Health Care Reform" on Thursday, January 30, from 10 a.m. to noon in Toland Hall.

Taylor, a national speaker on transforming the nation's health system and on the differences between the US system and those in Canada, Western Europe and Japan, has testified before Congress on healthcare cost containment, Medicare, aging and health policies. Every year, Taylor's firm directs extensive surveys of health care consumers, taxpayers, physicians and other providers, employers and legislators on a broad range of healthcare issues.

David Himmelstein of Harvard Medical School and founder of Physicians for a National Health Program will be the featured speaker on Friday, February 21. He will discuss "National Health Reform in the US." Alice Baumgart, president of the Canadian Nurses Association, will be the first spring lecturer on Friday, March 20. Her topic will be "A Canadian Model for Health Reform." Both Himmelstein and Baumgart are Regents Lecturers in the School.

California US Representative Nancy Pelosi will end the series on Friday, April 24, when she discusses "Legislative Options for National Health Care."

The lecture series is open to the entire campus community. For further information call 476-1805.

## Check from Jordan

His first week in office as San Francisco's new mayor, Frank Jordan presented checks totalling $30,000 from funds raised by his inaugural committee to support local charities. Chancellor Krevans was at the Mayor's Office to accept a check to UCSF for $10,000, which will be used for AIDS research. Other recipients were the SF Food Bank and the SF Special Olympics.

Mayor Jordan, along with a delegation from the SF Chamber of Commerce, came to campus on the Mayor's first full work day to get a briefing on the campus and its future plans. The Mayor met with the Chancellor and campus leadership for some 90 minutes of informal discussion.

*Florrie Burke makes a home visit to Robert Arton and his dog Tigger, who is specially trained to help the hearing impaired.*

## Center on Deafness Teams with Hearing Society to Provide AIDS Education, Counseling

In 1985, test results confirmed Robert Arton's worst fears. He was HIV positive. Over the years, he seemed to be handling the night sweats, the infections, even the neuropathy. But about a year ago he started losing his hearing in his left ear. Then his right. He couldn't communicate anymore. He became frustated, isolated and depressed. Now, he is totally deaf.

Robert, however, has learned how to cope. Thanks to his own tenacity and the combined efforts of the UCSF Center on Deafness (UCCD) and the Hearing Society, he has come to better grips with his HIV status and his hearing loss.

Robert is one of several people across the country who have lost their hearing due to the AIDS virus. "Most doctors and patients themselves have overlooked this aspect of HIV," says Florrie Burke, clinical director of the UCCD. "It hasn't received a lot of attention until now. But people are beginning to realize what a difficulty it is."

Often referred to as an "invisible disability," such hearing loss may be less obvious than other HIV-related disabilities such as blindness or mobility impairment, says Asa Bematteo, executive director of the UCCD. But, even a mild hearing loss can interfere significantly with communication.

"Deafness puts up a barrier . . . everywhere you go," signs Robert. "It's particulary a problem when you are sick with HIV."

"Most people who become deaf due to HIV don't learn how to sign. They are usually too preoccupied about being infected and dealing with other aspects of their disease," says Florrie. But, Robert was different.

Not long after his hearing loss he learned how to sign, but was still having a hard time dealing with his deafness. He was told he could get counseling and therapy through the UCCD. He first started on an outpatient basis 10 months ago, but has since become too sick to make the trip. Florrie now visits him regularly in his apartment.

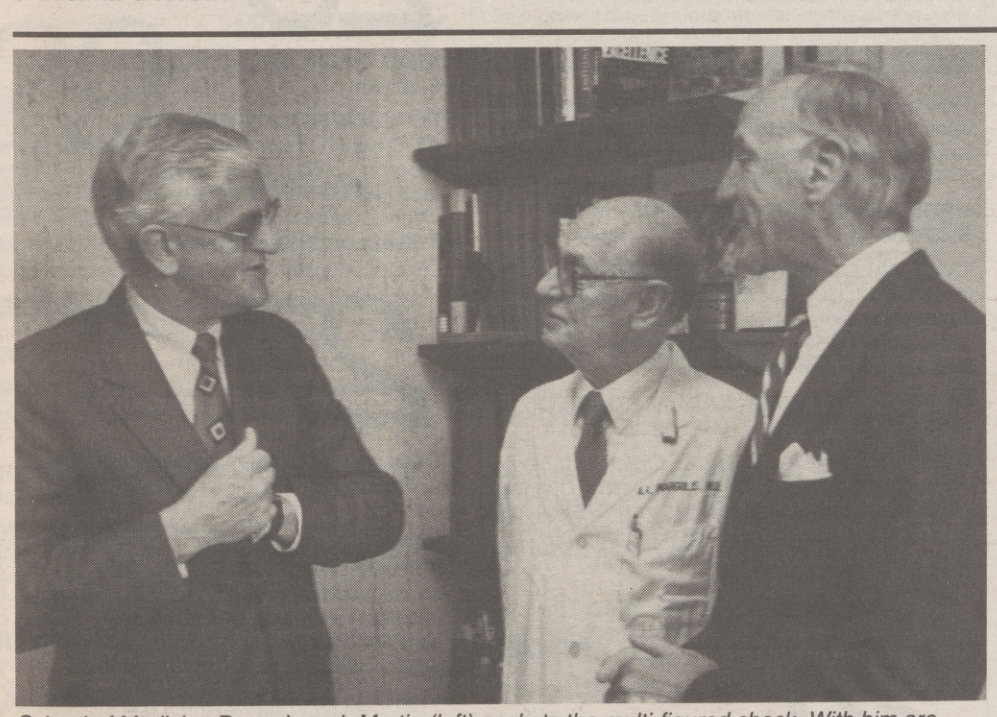
Florrie explains that the UCCD is part of the San Francisco City and County mental health system. Because of this contract, staff members had not been allowed to go into people's homes. But now, thanks to two grants totalling some $107,000 from the Ryan White Act, a federal AIDS funding program administered by the SF AIDS Office, the Center offers services in homes, hospital rooms, or wherever there are people who are too sick to come into the clinic.

New services provided by the UCCD and Hearing Society are designed to reach a population cut off from most education and counseling programs. Many hearing impaired people communicate primarily through American Sign Language, using English as a second language. This leaves many of them cut off from much of the media information available about HIV. In addition, most AIDS service agencies lack available staff members who are fluent in sign language.

Clinicians at UCCD, on the other hand, are fluent in sign language and can directly provide information regarding prevention and general services, in addition to providing specialized counseling services.

The Hearing Society provides a variety of services, including short-term or long-term loan of hearing aids, television caption decoders or other equipment; training for hearing impaired people and their loved ones in the use of effective communication strategies; and professional counseling services for individuals trying to cope with the onset of hearing impairment related to HIV disease.

For further information, call Florrie Burke at 476-4980 (voice) or 476-7600 (TDD); or Jerry Friedman of the Hearing Society at 863-4710 (voice) or 863-2550 (TDD).



*School of Medicine Dean Joseph Martin (left) pockets the multi-figured check. With him are honoree Alexander Margulis (center) and presenter of the check, Charles Gooding, acting chair of radiology.*

## Nearly $1 Million for Margulis Chair

The campus has established The Alexander R. Margulis Chair in Radiology thanks to gifts totalling $918,000.

Coming to UCSF in 1963, Margulis was professor and chair of the Department of Radiology for 26 years, making it one of the best radiology departments in the world. Many of the technological advances in medical imaging originated in research laboratories under Margulis, and several radiology chairs of prestigious American universities are former members of the department.

Margulis has achieved worldwide recognition for his contributions to medicine, including honorary doctorates from the University of Aix-Marseilles, France; Catholic University of Louvain, Belgium; Karolinska Institute of Stockholm; University of Munich; University of Paul Sabatier, Toulouse; and the Medical College of Wisconsin. He is the winner of the Caldwell Medal, Medaille Antonie Beclere (France's highest radiology award), the Cannon Medal, and has received Gold Medals from the Association of University Radiologists, the Indian Radiological Society, the Radiological Society of North America and the American Roentgen Ray Society.

Margulis presently holds the position of Associate Chancellor for Special Projects.

## More Departments Needed for Job Fairs

Our campus regularly participates in a variety of job fairs all over the Bay Area and beyond . . . from Sacramento to Berkeley, Stanford to San Mateo. Bob Rojas, outreach recruitment coordinator for Personnel, tells *Newsbreak* that while the fairs have been fairly successful in their main purpose of promoting the University as a major EEO/AA (Equal Employment Opportunity/Affirmative Action) employer, they are not as effective as they could be.

What's the problem?

"We need more active participation by campus departments," says Rojas. "There are a few departments that take part in the fairs all the time, which is great. But, we need a greater representation." Rojas explains that many job seekers are interested in specific departments and would like to talk to representatives in their fields. "For example, computers have been a big thing for a while. Unfortunately, I can't answer people's technical questions because I don't know enough about programming." He says that Personnel representatives will always be there to handle general questions about the campus, employment opportunities and application processes.

A few of the upcoming job fairs that you can participate in include:

- Jan. 31-Feb. 1: Stanford Graduate School of Business Black Business Students Association
- Feb. 6: UC-Berkeley's 28th Annual Minority Professional Job Fair
- Feb. 22: Asian American Professional & Management Career Fair, SF
- Feb. 26-29: CA Association for Bilingual Education Seventh Annual Conference, SF
- March 7: Third Annual Northern CA Affirmative Action Career Fair, Sacramento
- March 12: Bay Area Urban League Career Expo '92, Oakland.

For further information, call 476-5357.

## Stephanie Salter on "Naming Names"

In all but three states in this country, it is legal to identify alleged rape victims by name in the news media without their consent. But is this ethical?

Before now, news directors seldom questioned if this practice breached the victim's right to confidentiality. They simply didn't do it. But changing social attitudes, surprisingly many of them from rape victims themselves, have made this a dilemma for members of the news media and women.

Stephanie Salter, a columnist for the opinion page of the *San Francisco Examiner* and winner of the prestigious California Newspaper Publishers Association award for best columnist in the state, will discuss "Naming Names" on Tuesday, January 21, from noon to 1 p.m. in Toland Hall.

For further information call the Rape Prevention Education Program at 476-0400.

Two days later, on Thursday, January 23, the Rape Prevention Education Program also will sponsor the lecture "From Victims to Victors: Discussion of Women & Self-Defense Training" from noon to 1 p.m. Clinical psychologist Joan Lidsker will discuss her research, which reveals that self-defense training can have a positive impact on a woman's general sense of power.

# Today/Tomorrow

## 18 Saturday

### CLASSIC INDIAN DANCE

Uma Sharma, Kathak dancer, performs the combination of dance & mime that makes up this traditional Indian form of storytelling. Sponsored by UCSF Inst. Healing Arts & Sci. $8/$10. Cole Hall. 7 p.m. Call 681-2731 for tickets & information.*

## 20 Monday

### MARTIN LUTHER KING DAY

## 21 Tuesday

### BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their physician's full name, address (including room number & zip) & phone number to assure results are mailed promptly. The procedure takes approximately 20 minutes & costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments fill up by the time this calendar is published, only dates when the van will be at UCSF locations are listed below:

- Feb. 7: On Parnassus at Medical Cntr. Way.
- Mar. 6: On Parnassus at Medical Cntr. Way.
- Apr. 6-9: UCSF-Laurel Heights, 3333 California, in parking lot on left.
- Apr. 10: On Parnassus at Medical Cntr. Way.

A mammogram also is available at the Mount Zion radiology department for $50. Call 885-7710.

**COMBINED PLASTIC SURGERY/ORTHOPEDIC HAND SURGERY GRAND ROUNDS.** Toland Hall. 7 a.m.

**MULTIDISCIPLINARY TUMOR BOARD:** M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

**ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS:** *Preprosthetic Surgery, Part II.* Richard K. Gongloff, Oral & Max. Surg., VAMC. C 701. 8 a.m.

**TRANSFUSION RESEARCH FORUM:** *HIV Integration.* Andrew Leavitt, Microbio/Imm. L 535. 8:30 a.m.

**SFGH PEDIATRIC GRAND ROUNDS:** *Anemia of Prematurity & Erythropoietin.* Kevin Shannon, Hem/Onc., Oakland Knoll Naval Hosp. Carr Aud., SFGH. 8:30-9:30 a.m.

**OB/GYN GRAND ROUNDS.** S 1364. 9 a.m.

**PEDIATRIC NEURORADIOLOGY CONFERENCE.** HSE 317. 9 a.m.

**MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP:** For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

**SFGH MEDICINE GRAND ROUNDS.** Carr Aud., SFGH. 11:30 a.m.

**COMMUNITY HEALTH TALK:** *You & Your Money Health: Get into Great Financial Shape in 1992.* Leona Lau, Fin. Planning & Benefits & For Your Financial Info. Group. Sponsored by Public Serv. Outreach Prog. Free parking available. Herbst Hall, MZ. Noon-1 p.m. Call 476-8429.*

**OVEREATERS ANONYMOUS MEETING:** Regular OA discussion meeting. N 717B. Noon.*

### "NAMING NAMES"

A discussion with Stephanie Salter, *SF Examiner,* of whether it is right to identify alleged rape victims in the news media without their consent. Sponsored by the UCSF Rape Prevention Education Program. Toland Hall. Noon-1 p.m. (See page 3 or call 476-0400 for information.*

**VAMC EEG READING SESSION.** Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

**BIOCHEMISTRY & BIOPHYSICS SEMINAR:** *Tumor Supressor Genes & Transcriptional Regulation: Studies on the WT1 Wilms Tumor Gene.* Frank J. Rauscher, III, Wistar Inst. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

**SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE.** Rm. 1X58, SFGH. 4-5 p.m.

**NEUROLOGY GRAND ROUNDS:** *T-Cell Receptor & Multiple Sclerosis: A Therapeutic Approach.* Leslie P. Weiner, Neuro. & Microbio., USC. S 664. 5-6 p.m.

**VOLUNTEER ORIENTATION:** To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 5:30-7:30 p.m. Call 476-1196 for information.*

## 22 Wednesday

**SURGERY GRAND ROUNDS:** *Breast Quartet: Risk, Diagnosis, Prognosis, Reconstruction.* William Goodson III, Surg. Toland Hall. 7-8 a.m.

**SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE.** Rm. 5K8, SFGH. 7:30-9 a.m.

**HEMATOLOGY CLINICAL CONFERENCE.** M 1296. 7:30-8:30 a.m.

**DERMATOLOGY GRAND ROUNDS:** *What's New.* John Epstein, Derm. HSW 301. 8 a.m.

**OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS:** *Psychological Pollution.* Robert Larsen, Psychr. & Occ. Psychr. 5th fl. Conf. Rm., Bldg. 30, SFGH. 8-9 a.m.

**ENDOCRINE GRAND ROUNDS:** *Dietary Potassium in Salt-Sensitive Hypertension.* R. Curtis Morris, Jr., Med., Ped. & Rad. M 1486. 8:30 a.m.

### "MIDDLE EAST CHILDREN: ONE YEAR LATER"

Barbara Lubin, Middle East Children's Alliance, reports on her recent trips to Iraq, the Occupied Territories & Israel. Sponsored by the Landberg Cntr. for Health & Ministry. HSW 301. Noon-1 p.m.*

**PARNASSUS AL-ANON MEETING:** For friends & families of alcoholics. C 517. Noon-1 p.m.*

**BROWN BAG LECTURE SERIES:** *Retiring on an Increasing Income Stream.* Elizabeth Weeks, Merrill Lynch. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

**LANDBERG CENTER CLASS:** *Yoga for Stress Reduction.* Suzanne Stoterau, Landberg Cntr. for Hlth. & Ministry. Landberg Cntr., 340 Irving St. Noon-1 p.m. Call 564-3515 for reservations.*

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. Rm. 300C, MCB. 12:05 p.m.*

**MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP:** For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

**PSYCHIATRY GRAND ROUNDS:** *The LPPI Psychological Assessment Unit: Recent Clinical Applications of Neuropsychology.* Dale McNeil, Psychr. & Psych. Serv.; Joel Kramer, Psychr. & Ped.; Sandra Portman, Clin. Neuropsych.; John Crouch, Clin. Neuropsych. LPPI Aud. 1-2 p.m.

**HEAD & NECK TUMOR CONFERENCE.** Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

**JOINT LABORATORY MEDICINE/PATHOLOGY SYMPOSIUM:** *Immunological Techniques in Clinical Diagnosis & Research.* Seven speakers. HSW 301. 3-5 p.m.

**SEMINARS IN BIOLOGY SERIES:** *A Growth Factor-Stimulated Protein Phosphorylation-Dephosphorylation Cascade.* Ed Krebs, Pharm., U Wash. HSW 300. 4 p.m.

**CHILD NEUROLOGY CONFERENCE.** M 666. 4:30 p.m.

**HISTORY OF HEALTH SCIENCES COURSE:** *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

### WORLD MUSIC

*Music in the Library Recital Series.* Concert devoted to world music features two groups of UCSF musicians: Himalayan Bells & Shara. The first group plays a variety of bells & horns, and the second sings Bulgarian & Macedonia village music. $2/$4. Lange Rm., 5th fl., Library. 5:30 p.m. (The Recital Series is looking for campus musicians to perform in this series. Call Karen Attix at 476-6761.)*

**UROLOGIC PHYSIOPATHOLOGY CONFERENCE.** M 464. 5:30-6:30 p.m.

**GREAT EXPECTATIONS PROGRAMS FOR PARENTS:** *Financial Planning for Your Child's Future.* Kathy O'Laughlin, financial planning consultant. Co-sponsored by UCSF Health Net. $5 per individual/couple. A 326. 7-9 p.m. Call 476-6667.*

## 23 Thursday

**ORTHOPEDIC SURGERY STAFF CONFERENCE.** HSW 303. 7-8 a.m.

**MEDICINE GRAND ROUNDS:** *New Insights into the Pathogenesis of Asthma.* Steve T. Holgate, Immunopharmacol., U Southampton, England. Toland Hall. 8-9 a.m.

**SFGH NEUROLOGY/NEUROSURGERY CONFERENCE.** Rm. 4H2, SFGH. 8-9 a.m.

**NEUROLOGY/NEURORADIOLOGY CONFERENCE.** C 130. 10-11 a.m.

**OPHTHALMOLOGY GRAND ROUNDS:** *ICE Syndrome: New Insights.* Jorge Alvarado, Oph. Case presentations: *Plastics.* 8:30-10 a.m.

**PEDIATRIC GRAND ROUNDS:** *Programmed Cell Death.* William C. Mobley, Neuro. & Ped. S 664. 8:30-9:30 a.m.

**SFGH TRAUMA CENTER CONFERENCE.** Rm. 4H2, SFGH. 9-10 a.m.

**FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES:** *Low Back Pain & Joint Exam.* Nancy Byl, PT & FCM. A 455. 10 a.m.-noon.

**PEDIATRIC TUMOR CONFERENCE.** L 34. 11 a.m.-12:15 p.m.

**RAPE PREVENTION EDUCATION PROGRAM PRESENTATION:** *From Victims to Victors: Discussion of Women & Self-Defense Training.* Joan Lidsker, Clin. Pscyh., Grad. Schl. of Psych., Palo Alto. Toland Hall. Noon-1 p.m. Call 476-0400.*

**MISSION CENTER BROWN BAG SERIES:** *How to Buy a New or Used Automobile.* Donald W. Felts, CA State Auto. Assn. Raffle for auto diagnositic test. Rm. 125, MCB. Noon-1 p.m. Call 476-4394.*

**OVEREATERS ANONYMOUS MEETING:** Step meeting. N 527. Noon.*

**NEUROBIOLOGY SEMINAR:** *The Neural Organization of Binocular Vision.* Ralph Freeman, Neurobio. Group & Opt., UCB. HSW 300. 4 p.m.

**MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE.** L 1361. 4-6 p.m.

**NEURORADIOLOGY CLINICAL CASE ROUNDS.** HSW 303. 4 p.m.

**CLINICAL ONCOLOGY CONFERENCE.** M 1296. 4 p.m.

**PRIMARY CARE GRAND ROUNDS:** *Management of Type II Diabetes Mellitus.* John Karam, Med., MRU & Clin. Endo. A 455. 4:30 p.m.

**NEUROSURGERY GRAND ROUNDS.** HSW 302. 5-6:30 p.m.

**RADIOLOGY GRAND ROUNDS:** Radiology Case Presentations: Ultrasound. HSW 301. 5:15-6:15 p.m.

### WOMEN'S NUTRITION

How good nutrition can help you stay healthy. Co-sponsored by MU & Health Net. $15/$18/$24. Free to UCSF Health Net members. N 617. 5:30-7:30 p.m. Call 476-1115.*

**UROLOGIC COMPUTER SEMINAR.** M 464. 5:30-6:30 p.m.

**COLE HALL CINEMA:** *The Commitments.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.)*

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

**COMMUNITY HEALTH TALK:** *Stress & Coping Following Manmade & Natural Disasters.* Charles Marmar, Psychr. & PTSD Prog., VAMC. Sponsored by Public Serv. Outreach Prog. Free parking. Chancellor's Rm., UCSF-Laurel Heights. 7-8:30 p.m. Call 476-8429.*

## 24 Friday

**CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB.** M 1296. 8 a.m.

**MOUNT ZION MEDICINE GRAND ROUNDS.** Herbst Hall, MZ. 8:30-9:30 a.m.

**CHILD & ADOLESCENT PSYCHIATRY CONFERENCE:** *Youth with Disabilities: How Are They Doing? The First Comprehensive Report from the National Longitudinal Transition Study of Special Education Students.* Mary Wagner, Educ. & Human Serv. Res. Prog., SRI Intl. LPPI Aud. 10:10-11:30 a.m.

**PHARMACEUTICAL CHEMISTRY 221 SEMINAR:** *Conformational Templates as Probes into the Energetics of Polypetide Helices & Sheets in Solution.* Daniel Kemp, Chem., MIT. S 214. 11 a.m.

**WEIGHT WATCHERS AT UCSF AT-WORK PROGRAM:** Free meeting for prospective members. Register for new series of 10 meetings starting Jan. 31. N 617. Noon-1 p.m.*

**INSTITUTE OF HEALING ARTS & SCIENCES LECTURE:** *How to Manage Physical & Emotional Stress.* Herman Miller & Gayle Brown, Awareness Into Action Inst. N 721. Noon. Call 584-4416.*

**SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR:** *Thrombin Receptor & Function.* Shaun Coghlin, CRI. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

**DENTISTRY DEAN'S SEMINAR:** *Understanding the Causes of Aging & Cancer.* Bruce N. Ames, Natl. Inst. Env. Hlth. Sci. Cntr.; Biochem. & Mol. Bio., UCB. C 701. 12:30-1:45 p.m.

**COLE HALL CINEMA:** *The Commitments.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.)*

### AIDS HEALTH PROJECT COMEDY BENEFIT

*Danny William's 1970.* Comedian Danny Williams gives this benefit performance for the UCSF AIDS Health Project's *Living with HIV* Social Programs. $10. Josie's Cabaret, 3523 16th St. at Market. 10 p.m. Call Josh Bottfeld at 431-9049. (See Jan. 30 for another AIDS Health Project Benefit.)*

## 25 Saturday

**ANESTHESIA GRAND ROUNDS.** HSW 301. 8-10 a.m.

**POTLUCK FOR HIV NEGATIVES:** The UCSF AIDS Health Project's *Living with HIV* Social Programs invites all HIV negatives to bring their favorite food dish for an evening of fun, games & videos. Kairos House, 114 Douglas St. at 17th Ave. 5:30 p.m. Call Josh Bottfeld at 431-9049.*

## 27 Monday

**OTOLARYNGOLOGY GRAND ROUNDS:** *Otosclerosis II.* Robert K. Jackler, Oto. S 214. 8-10 a.m.

**LABORATORY FOR CELL ANALYSIS FLOW CYTOMETRY COURSE:** Three-day course focuses on operation of the instrument, and consists of lectures, demonstrations & hands-on running of samples. Rm. 230, MCB. 9 a.m.-noon. Call 476-2631 to pre-register.

**VAMC NEURORADIOLOGY ROUNDS.** 2A56, VAMC. 9:15-10 a.m.

**VAMC NEUROPATHOLOGY ROUNDS.** 2A56, VAMC. 10:10-11 a.m.

**FRIENDS OF LOIS AL-ANON MEETING.** Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

**LABORATORY MEDICINE GRAND ROUNDS:** *Cystic Fibrosis Transmembrane Conductance Regulator (CFTR) in Cultured Airway Epithelial Cells.* Dieter Gruenert, Lab. Med. L 535. 3:30-5 p.m.

**CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR:** *Leukocyte Interactions Mediated by Selectins.* Rodger T. McEver, Med., U Okla. S 1364. 4-5 p.m.

**IMMUNOLOGY SEMINAR SERIES.** HSW 302. 5 p.m.

*Open to the public.

# January 18-31, 1992

**OB/GYN FOUNDATION DAY:** *Reproductive Technology: What's Done, What's Possible, What's Right.* The Ob/Gyn Res. & Educ. Fndt. celebrates 10 years of service with three presentations. Followed by reception. Fac/Alum House. 5 p.m. Call 476-2564.*

**URORADIOLOGY CONFERENCE.** M 464. 5:30-6:30 p.m.

## 28 Tuesday

**PLASTIC SURGERY GRAND ROUNDS:** *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

**MULTIDISCIPLINARY TUMOR BOARD:** M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

## CAMPUS BLOOD DRIVE

Come donate blood & be eligible for a variety of prizes. Students from the Schools of Dentistry, Medicine & Pharmacy compete for prizes for most blood donated. Remember to bring personal ID.

- MU Conf. Cntr. 8 a.m.-2 p.m.
- Nursing Bldg. mezzanine. 11:30 a.m.-6 p.m.

**ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS:** Resident Forum. C 701. 8 a.m.

**TRANSFUSION RESEARCH FORUM:** *The Role of HIV in AIDS: No Evidence of Pathogenicity.* Peter Duesbert, Vir. & Mol. Bio., UCB. L 535. 8:30 a.m.

**SFGH PEDIATRIC GRAND ROUNDS:** *Everyday Dental Situations in Pediatrics.* Raymond Braham, Ped. Dent. Carr Aud., SFGH. 8:30-9:30 a.m.

**OB/GYN GRAND ROUNDS:** *PID: Prevention & Management in the '90s.* A. Eugene Washington, Ob/Gyn, SFGH. S 1364. 9 a.m.

**MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP:** For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

**SFGH MEDICINE GRAND ROUNDS.** Carr Aud., SFGH. 11:30 a.m.

**MEDICAL ANTHROPOLOGY SEMINAR.** SCBS 218. Noon-1 p.m.

**OVEREATERS ANONYMOUS MEETING:** Regular OA discussion meeting. N 717B. Noon.*

**VAMC EEG READING SESSION.** Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

**SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE.** Rm. 1X58, SFGH. 4-5 p.m.

**NEUROLOGY GRAND ROUNDS:** *Limbic Encephalitis.* Dan Lowenstein, Neuro. S 664. 5-6 p.m.

## 29 Wednesday

**HEMATOLOGY CLINICAL CONFERENCE.** M 1296. 7:30-8:30 a.m.

**DERMATOLOGY GRAND ROUNDS:** *Serologies: An Update.* Kari Connolly, Derm. HSW 301. 8 a.m.

**ENDOCRINE GRAND ROUNDS:** *Thyroid Crisis.* Laurence A. Gavin, Med. & Metab. Sect., VAMC. M 1486. 8:30 a.m.

**ALUMNI/FACULTY ASSOCIATION ADMINISTRATIVE COUNSEL MEETING.** Fac. Alum. House. Noon.

**PARNASSUS AL-ANON MEETING:** For friends & families of alcoholics. C 517. Noon-1 p.m.*

**BROWN BAG LECTURE SERIES:** *Chronic Fatigue Syndrome.* Jay A. Levy, Med. & CRI. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

**LANDBERG CENTER CLASS:** *Yoga for Stress Reduction.* Suzanne Stoterau, Landberg Cntr. for Hlth. & Ministry. Landberg Cntr., 340 Irving St. Noon-1 p.m. Call 564-3515 for reservations.*

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. MCB, Rm. 300C. 12:05 p.m.*

**MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP:** For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

**PSYCHIATRY GRAND ROUNDS:** *Cultural Issues & DSM-IV.* Renato D. Alarcon, Psychr., U Alabama Birmingham. LPPI Aud. 1-2 p.m.

**HEAD & NECK TUMOR CONFERENCE.** Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

**SEMINARS IN BIOLOGY SERIES:** *Protein Translocation & the* E coli *Chaperone Protein SecB.* Carol Kumomoto, Physio., Tufts. HSW 300. 4 p.m.

**CHILD NEUROLOGY CONFERENCE.** M 666. 4:30 p.m.

**HISTORY OF HEALTH SCIENCES COURSE:** *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

**SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE.** Rm. 4H2, SFGH. 4:30 p.m.

**URO-PATHOLOGY CONFERENCE:** *Immunogenetics of Renal Transplantation.* Marvin Garovoy, Surg. & Immunogen. & Transplantation Lab. M 464. 4:30-6 p.m.

**PATHOLOGY GRAND ROUNDS:** *Liver Pathology: The Diagnosis of Cirrhosis.* Linda Ferrell, Path. HSW 508. 5-6:30 p.m.

## 30 Thursday

**ORTHOPEDIC SURGERY STAFF CONFERENCE.** HSW 303. 7-8 a.m.

**MEDICINE GRAND ROUNDS:** *Novel Therapies for Liver Tumors.* Alan Venook, Med. & CRI. Toland Hall. 8-9 a.m.

**SFGH NEUROLOGY/NEUROSURGERY CONFERENCE.** Rm. 4H2, SFGH. 8-9 a.m.

**OPHTHALMOLOGY GRAND ROUNDS:** *New Advances in Uveitis.* Hank Kaplan, Oph., Washington U. Case presentations: *Cornea.* 8:30-10 a.m.

**PEDIATRIC GRAND ROUNDS:** *Hepatitis C in Infants.* M. Michael Thaler, Ped. S 664. 8:30-9:30 a.m.

**SFGH TRAUMA CENTER CONFERENCE.** Rm. 4H2, SFGH. 9-10 a.m.

## NATIONAL HEALTH CARE & THE CONSUMER

*Consumer Perspectives on Health Care Reform.* Humphrey Taylor, Louis Harris & Assoc. Second in five-part series on National Health Care Reform sponsored by Schl. Nurs. Toland Hall. 10 a.m.-noon. (See story on page 3.)

**NEUROLOGY/NEURORADIOLOGY CONFERENCE.** C 130. 10-11 a.m.

**FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES:** *Incontinence.* Edmund Lonergan, Med. & Ger. Sect., VAMC. *Medi-Cal/Medicare National Health Insurance.* Joseph Barbaccia, FCM, Med. Clin. & Alzheimer's Cntr. A 455. 10 a.m.-noon.

**PEDIATRIC TUMOR CONFERENCE.** L 34. 11 a.m.-12:15 p.m.

**WOMEN'S RESOURCE CENTER PRESENTATION:** *Spike & Spite: Black Women at the Periphery of Film.* Julianne Malveaux, economist & nationally syndicated columnist, discusses Spike Lee's demeaning & stereotypical portrayal of women in his films. Toland Hall. Noon-1 p.m. Call 476-0400 for information.*

**OVEREATERS ANONYMOUS MEETING:** Step meeting. N 527. Noon.*

**WOMEN IN LIFE SCIENCES PRESENTATION:** *Sexual Harrassment on Campus: How Many Clarence Thomases of Academia Are Still Out There & What Can We Do to Protect Ourselves?* An informal discussion based on a chapter from the book, *The Lecherous Professor,* by Billie Wright Dziech & Linda Weiner. S 214. 4-5 p.m.

**MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE.** L 1361. 4-6 p.m.

**CLINICAL ONCOLOGY CONFERENCE.** M 1296. 4 p.m.

**NEUROBIOLOGY SEMINAR:** *Regulation of Neurotransmitter Receptors by Serine & Tyrosine Protein Phosphorylation.* Richard L. Huganir, Neurosci., HHMI & Johns Hopkins. HSW 300. 4 p.m.

**PRIMARY CARE GRAND ROUNDS:** *Women in Medicine: Progress & Problems.* Molly Cooke, Clin. Med. & Med., SFGH. A 455. 4:30 p.m.

**NEUROSURGERY GRAND ROUNDS.** HSW 302. 5-6:30 p.m.

**RADIOLOGY GRAND ROUNDS:** *Advances in Body MR Imaging.* Charles B. Higgins, Rad. & MRI. HSW 301. 5:15-6:15 p.m.

**COLE HALL CINEMA:** *My Own Private Idaho.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.)*

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

**UROLOGY JOURNAL CLUB:** 1432 Lake St., SF. 6:30 p.m. Call 221-9217.

**AIDS HEALTH PROJECT BENEFIT:** Western Star Dancers, the square dancing club, cooks spaghetti & dances to benefit the UCSF AIDS Health Project. $6.50 in advance, $7 at door. Elephant Walk Bar, Castro at 18th St. 6:30-9 p.m. Call Josh Bottfeld at 431-9049.*

## 31 Friday

**CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB.** M 1296. 8 a.m.

**SURGERY RESIDENTS RESEARCH DAY:** Residents present their research findings. Toland Hall. 8 a.m.-5 p.m.

**MOUNT ZION MEDICINE GRAND ROUNDS.** Herbst Hall, MZ. 8:30-9:30 a.m.

## WHO SYMPOSIUM

*Nursing & the International Primary Health Care Agenda.* Nursing professionals from around the world join our School of Nursing in celebrating the School's designation as a World Health Organization (WHO) Collaborating Center for Research & Clinical Training. Cole Hall. 9 a.m. Call 476-6975. (See story on page 1.)*

**CHILD & ADOLESCENT PSYCHIATRY CONFERENCE:** *AIRS: A Program of Intensive Residential Treatment.* Joe Narvid, Wilson Lam & Katharine Leavitt, Adol. Intensive Residential Serv., Cal-Pac Med. Cntr. LPPI Aud. 10:10-11:30 a.m.

**PHARMACEUTICAL CHEMISTRY 221 SEMINAR:** *Alamethicin: A Model for Voltage-Dependent Gating & Membrane-Protein Electrostatic Interactions.* David S. Cafiso, Chem., U Virginia. S 214. 11 a.m.

**INSTITUTE OF HEALING ARTS & SCIENCES LECTURE:** *Nutrition & Immunity: Myths & Reality.* Parris Kidd, H.K. Biomedical, Inc. N 721. Noon. Call 584-4416.*

**SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR:** *Protein Kinase C Mediates Adaption to Chronic Ethanol Exposure.* Robert Messing, Ernest Gallo Clin. & Res. Cntr., SFGH. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

**ALCOHOLICS ANONYMOUS MEETING:** Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

**COLE HALL CINEMA:** *My Own Private Idaho.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.)*

**UPSTARTS EVENT:** Vintage Movie & Pot Luck. Unwind with *Citizen Kane* and a shared dinner. 7 p.m. Call Pat Jackson at 476-4698 for details, location & menu planning.

## CONTINUING EDUCATION

**MEDICINE**

For program information call 476-4251, registration 476-5808.

**Fifth International Symposium on Current Topics in Infectious Diseases.** Grindelwald, Switzerland. Feb. 1-8.

**Office-Based Sports Medicine.** Tamarron, CO. Feb. 2-9.

**Seventh Annual Primary Care Medicine: Concepts & Controversies.** Snowmass, CO. Feb. 15-22.

**Fine Needle Aspiration Tutorial.** Squaw Valley, CA. Feb. 24-26.

**Ophthalmology in Developing Countries: An International Symposium.** Chinese Cultural Cntr., SF. Mar. 12-13.

**Symposium on Aesthetic Surgery of the Face.** Sheraton Palace Hotel, SF. Mar. 26-28.

**Advances in Cardiology.** At Spring training with the Oakland A's, Scottdale Plaza Resort, AZ. Mar. 28-31.

**DENTISTRY**

For locations & information call 476-1101.

**Advanced Oral Pathology: Clinical-Pathologic Review.** Jan. 23-26.

**Carbon Dioxide Laser in Oral Surgery.** Jan. 31.

**Creating Endodontic Excellence.** Feb. 1.

**Solving Clinical Problems with State-of-the-Art Dental Imaging.** Feb. 7.

**Adult Orthodontics: Making the Best Decisions for Treatment.** Feb. 21.

**AIDS/HIV Update & Infection Control for the '90s.** Feb. 28.

**Study & Ski at Squaw Valley.** Feb. 28-Mar. 2.

**Increase Efficiency, Reduce Stress with Effective Auxiliary Utilization.** Feb. 29.

## WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call 476-0400 for information & 476-5836 to pre-register.

**WORKSHOPS**

**In the Muse: A Creative Writing Workshop.** Sat., Jan. 18 & 25. $50-$75. UCSF Women's Resource Cntr. 10 a.m.-3 p.m. Call 285-7636 to pre-register.

**Life Fitness Development.** Wed., Jan. 22, 29 & Feb. 5, 12. Learn how to develop a safe, enjoyable, exercise plan. $35-$75. N 517. Noon-1 p.m.

**Behold Yourself!** Sat., Feb. 1. Mask-making as a vehicle for self-knowledge. $35-$50, plus $10 materials fee. C 130. 9:30 a.m.-4:30 p.m.

**Getting to Know Ourselves & Others through the Arts.** Thurs., Feb. 6., 13, 20, 27, Mar. 5, 12, 19, 26. $80, plus $22 materials fee. C 213. 5:30-8 p.m.

**GROUPS**

Ongoing drop-in groups for women.

**Circle of Sisters.** Black women's group. Every Friday. L 535. Noon.

**General Women's Support Group.** Two groups. Call for information.

**Latin Women Coalition.** Noon. Call 476-7117 for location & dates.

**Lesbian Lunch Group.** Mondays. C 417. Noon.

**Support Group for Divorced & Separated Women.** Call for schedule.

**Women Living with Life-Altering Illness.** Alternate Wednesdays. 6:30-8 p.m. C 517.

**When You Can't Go Home: A Sharing Group for People Who Lost Their Homes in the East Bay Firestorm.** Wednesdays. $10 per session. 5:30-7 p.m. C 417. Call 476-5836 to pre-register.

## AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive & can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care & social services. Hablamos Español.*

**Individual Risk Assessment & Referrals.** By appointment.

**Facilitated 8-week Groups.** For anyone affected, at risk or infected.

**Drop-in Group for the Recently Tested.**

**Positives Being Positive.** Support groups in the community meet regularly. Call 476-3902.

**Living with HIV Public Forums.** Call 476-6430 for schedule.

**Women with HIV In Recovery from Alcohol or Drug Addiction.** Call 476-3902.

**Lesbian Couples Living with HIV.** Call 476-3902.

**Women of Color with Asymptomatic HIV Infection.** Call Barbara at 476-3902.

**Heterosexual Couples Living with HIV.** Call 476-3902.

**Meditative & Self-Hypnotic Techniques for Stress Reduction, Anxiety Control, Relaxation & Pain Relief.** Discussion group open to anyone dealing with HIV or AIDS, including friends & people dealing with HIV-infected individuals. Gazebo Rm., Davies Med. Cntr. Mon. evenings, 7-9 p.m. Call 476-6445.

## OUTDOORS UNLIMITED

Outdoors Unlimited is a cooperative resource center for outdoor recreation & adventure, serving both the UCSF campus & the general public. It provides skills training, equipment rental, trip planning information & a place to meet others with similar interests. To receive a quarterly listing of OU trips & clinics, send a self-addressed, stamped envelope to Outdoors Unlimited, Box 0234A. For more information call 476-2078.

## THE NEXT DEADLINE

**Fri., Jan. 17** is the deadline for items to be listed in the next calendar, which covers **Feb. 1-14, 1992 (two weeks).** They must be received in our office in writing by 11 a.m. on that Friday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

# UCSF's Infection Control Policy to Protect Both the Patient and Healthcare Worker

Hepatitis B and the human immunodeficiency virus (HIV) that causes AIDS are bloodborne pathogens of serious concern both to healthcare providers and to the general public. The media has covered in depth the case of Kimberly Bergalis who, it is believed, was infected with the AIDS virus by her dentist through poor infection control procedures.

Following the publicity, public fear and distrust of healthcare providers became such an issue that national legislation was proposed to test all healthcare workers for HIV.

The Centers for Disease Control also suggested that medical centers create a list of what they called "exposure prone procedures" that healthcare workers who have HIV should not perform on patients. The CDC proposal has been dropped and the legislative effort has cooled down, but the public remains concerned, as do healthcare providers.

UCSF and its affiliated institutions have steadfastly been proponents of rigorous infection control policies and procedures rather than mandatory testing, both for ethical reasons and because there is no scientific evidence that testing would be effective in stopping transmission.

The policy was the result of work by the Chancellor's AIDS Coordinating Committee, chaired by Merle Sande, chief of Medical Services at SFGH, and its Infected Health Care Worker subcommittee, chaired by AIDS clinician and researcher Donald Abrams. The policy was further refined in Infection Control Subcommittees at each of the affiliated hospitals.

### What the Committee Considered

Factors the committee considered leading to the decision not to test include, among others, the fact that blood tests for HIV may not be conclusive; that epidemiological evidence on the magnitude of transmission risks shows the risks to be minimal; and that the safety and concerns of the general public would not best be served through the screening of personnel.

The Bergalis case is the only documented HIV transmission in a dental practice in the US. (The dentist presumably also was responsible for the infection of four more of his patients, the Centers for Disease Control has reported.) Although it was a regrettable event, it is still a rare one since there are an estimated 5,000 to 10,000 healthcare providers infected with HIV with no other reports of transmission to a patient. There have been more than 50 documented cases of transmission from a patient to a health care provider, however.



Paul Fusco

*Julie Gerberding, director of HIV Infection Services*

Long before the media coverage of Bergalis and the public outcry that followed, UCSF and its affiliated hospitals were developing infection control policies and procedures to strengthen existing policies.

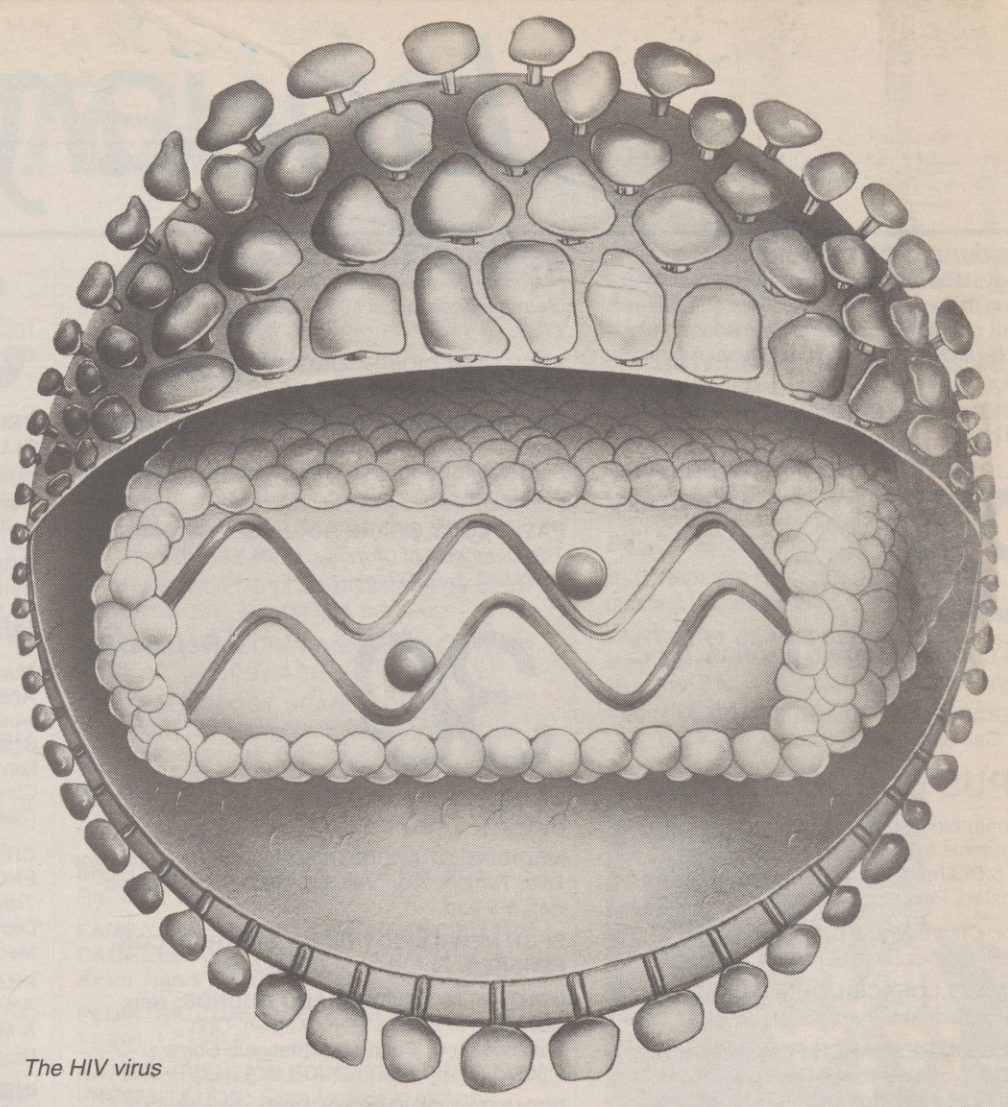
The result, after months of deliberation, may serve as an example for others across the country. It has now been formally adopted by the medical staffs of Moffitt/Long, SFGH and Mount Zion. In addition, the City of San Francisco Health Commission, the San Francisco Department of Public Health, the California Medical Association, the San Francisco Medical Society and other private hospitals in the area have adopted or endorsed similar policies.

### Infected Personnel May Continue to Practice if They are Fit

Healthcare personnel who are HIV-infected may continue to practice as long as they are fit for duty, including the performance of invasive procedures, provided they continue to follow institutional infection control policies and procedures. If there is any question about the individual's fitness for duty, an evaluation will be made according to existing mechanisms for worker review.

If an infected healthcare worker wants to modify or stop his or her professional activities, there will be confidential consultation provided to accommodate the individual's needs. Providers who are infected may choose to modify their professional work, according to Julie L. Gerberding, assistant professor of medicine at SFGH and director of HIV Prevention Services. She believes if infected healthcare workers are given the opportunity to do so in confidence, they will voluntarily make appropriate changes in their practices.

The effectiveness of any policy is based on the strength of the institution's infection control program, according to Gerberding. The current emphasis at UCSF is on strengthening the teaching of infection control to students and house staff and providing the best equipment available to protect both the patient and the healthcare worker. Future issues of *Newsbreak* will cover in depth what the campus is doing on both the educational and teaching levels and what new equipment is being used, or will be used to help protect both the patient and the healthcare provider.



*The HIV virus*

Below is the infection control policy for bloodborne pathogens which is being followed by Moffitt/Long Hospitals. The policies for Mount Zion and SFGH may differ slightly in wording. For further information call 476-5793 (for Moffitt/Long); 206-8971 (for SFGH); and 567-6600, x5359 (for Mount Zion). If you have specific exposure-related questions for Moffitt/Long, call Kathleen Turner-Hubbard on long range beeper 739-7898.

## The Policy

**I. PREAMBLE**

More than a decade into the AIDS epidemic, all available evidence indicates that human immunodeficiency virus (HIV) transmission from an infected healthcare worker to a patient is a highly unlikely and rare event. Nevertheless, the Medical Staff and Medical Center at the University of California, San Francisco recognize that minimizing the possibility of transmission of bloodborne and other nosocomial pathogens from infected providers to their patients is of paramount concern. After careful analysis of the risks of transmitting bloodborne infections, including hepatitis B virus and HIV, from infected workers to patients during the performance of invasive procedures or other patient care activities, the UCSF Medical Staff and Medical Center conclude that enforcing a high standard of infection control applicable to all healthcare personnel is the best strategy for protecting patients from accidental exposure.

UCSF has determined that: (1) the risk posed by infected healthcare personnel who comply with mandated infection control policies and practice standards is minimal, and does not warrant exclusion from patient care activities; and (2) routine screening of healthcare personnel for the presence of bloodborne pathogens is not recommended.

In reaching this decision, the following factors were considered: the safety and concerns of the general public; relevant California state laws regarding privacy of patients in regard to HIV testing; policy decisions made by other organizations; the fact that the blood test to determine exposure to HIV may not be conclusive; epidemiologic evidence estimating the magnitude of transmission risks; the potential impact on access to care among patients at risk for bloodborne infections; and the relative risks posed by other hazards associated with patient care activities.

**II. PREMISES**

A. A bloodborne infection is defined as an infection caused by any pathogen present in blood or other body fluids transmissible via the parenteral, mucosal, or non-intact skin route.

B. For the purpose of this policy, an exposure is defined as an incident in which an individual is exposed to the blood or blood-contaminated body fluid of another individual by the parenteral, mucosal, or non-intact skin route.

C. It is the ethical and professional responsibility of healthcare providers whose blood is the source of a patient exposure to report the exposure and to undergo testing for bloodborne pathogens.

D. Healthcare personnel include but are not necessarily limited to hospital employees, clinicians, laboratory workers, researchers, house staff, students, and volunteers.

E. Invasive procedures are defined as procedures in which the integrity of the skin, mucous membrane, or tissue is interrupted by needles, instruments, or other devices, and where the potential for bleeding exists.

F. Healthcare workers at risk for bloodborne infections should seek diagnostic testing and medical care when indicated.

G. Healthcare personnel are entitled to privacy and not obligated to disclose their bloodborne infection status to patients, colleagues, or administrators.

H. Patients have a right to know that healthcare workers are not required to have testing for bloodborne infections.

I. All healthcare personnel are expected to comply with UCSF infection control policies.

**III. STATEMENT OF POLICY**

A. Compliance with UCSF Infection Control Policy

Healthcare workers who violate UCSF infection control policies will be subject to restriction of clinical privileges, work reassignments, or other appropriate actions. Such action will be determined on a case-by-case basis as deemed appropriate by the responsible department.

B. Healthcare Personnel with Bloodborne Infections

1. Healthcare personnel who are fit for duty as affirmed by their treating physician may continue regular patient care activities including the performance of invasive procedures regardless of their bloodborne infection status, providing that UCSF infection control policies and procedures are followed. Evaluation of healthcare providers whose fitness for duty is questioned will proceed according to existing mechanisms at UCSF.

2. UCSF will have available a mechanism to provide confidential consultation to healthcare workers who are considering modification or discontinuation of their professional activities as a consequence of bloodborne infection.

3. When there is compelling evidence that a healthcare provider has been involved in the transmission of bloodborne pathogens to a patient, clinical privileges and/or patient care responsibilities will be reviewed for appropriate action by the responsible department and a designee from the UCSF Infection Control Committee.

C. Management of Patient Exposures

1. Patients will be informed that healthcare personnel are not required to have screening for bloodborne infections.

2. Patients who sustain an exposure as defined in Premise B will be informed that such an exposure has occurred. UCSF will develop procedures to insure appropriate post-exposure follow-up.

3. Following a patient exposure as defined in Premise B, it is an ethical and professional responsibility of the source healthcare worker to undergo testing for human immunodeficiency virus and hepatitis. The test results will be confidential and handled pursuant to appropriate procedures.

# Medsounds Continued

## Random Shots

### Teru Hirano

**Position:** Auxiliary office manager

**Years at UCSF:** 17 (15 in Medical Center Administration. Moved into Auxiliary position last May).

**Famous for:** Finesse and fortitude, certainly, but also for a long and colorful history of fine flower arrangements that show up on desks throughout the first floor of the hospital whenever the flowers are blooming in her garden. Her flower arrangements also have graced more than a few events and weddings. She says of her background, "I always lived in a place with a beautiful garden."

**Also famous for:** A large family of artists. A brother in Berkeley does the wildflower silkscreens that hang on the walls of many departments in the Medical Center (and also are for sale as part of the Auxiliary's art gallery on the first floor of Moffitt). A brother in Santa Barbara is a noted ceramic sculptor. Her mother painstakingly presses flowers from *her* garden to make beautiful greeting cards. And one of her sisters is a jewelry maker. (There are nine siblings.) Teru traditionally hosted a show in her home each year, featuring the work of her family members. (The invitees always included numerous UCSF colleagues.) This event has been transferred to her brother in Berkeley, who built a studio large enough to accommodate a growing following.

**Teru's own best creation:** "My two children."

**On sharing the workplace with her offspring:** "I love it! Otherwise I'd probably never see them. Now I see them every day."

### Angie Hirano

**Position:** Secretary II, General Clinical Research Center (GCRC)

**Years at UCSF:** Five (two years in present position, preceded by three years "bouncing around" in the temp pool).

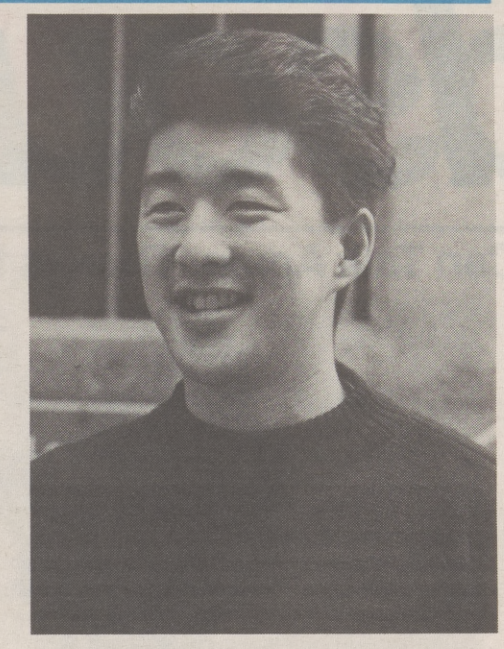
**Personal:** Teru's daughter.

**Extracurricular:** Goes to night school at SF State, six units at a time. Currently has sights set on being a veterinarian. Loves animals & has (had) quite a few pets. Now lives in apartment that won't take pets. She willed the cats to her mom and dog to her boyfriend's parents. Is a sucker for strays, but guess who ends up taking care of them.

**Other:** Plays volleyball with Japantown League. They went for the championship this year but took second place.

**Any artistic genes from mother's side?** "I think so, but more as a part of the day to day things I do than any particular area. In terms of a profession, to me being an artist is too solitary. I prefer working with people...well, let's say people and animals."

**On having one's mother & brother as coworkers:** "I never imagined it would turn out like this! I started in high school with a part-time job, thinking it would be temporary, and here I am. And now Chris here, too! Sometimes I feel sorry for Mom. It's like we're all back home again suddenly. After a late night at school sometimes I spend the night there, and then we all pile in the car and come to work together in the morning. There are some definite advantages, though. One thing, I never felt like a stranger here. Mom has worked here so long and knows so many people, it's as if I have an automatic introduction."



### Chris Hirano

**Position:** Filling in as assistant to Mary Jane Allison

**Years at UCSF:** Part-time off and on during college. Has worked in Admitting, Millberry Union.

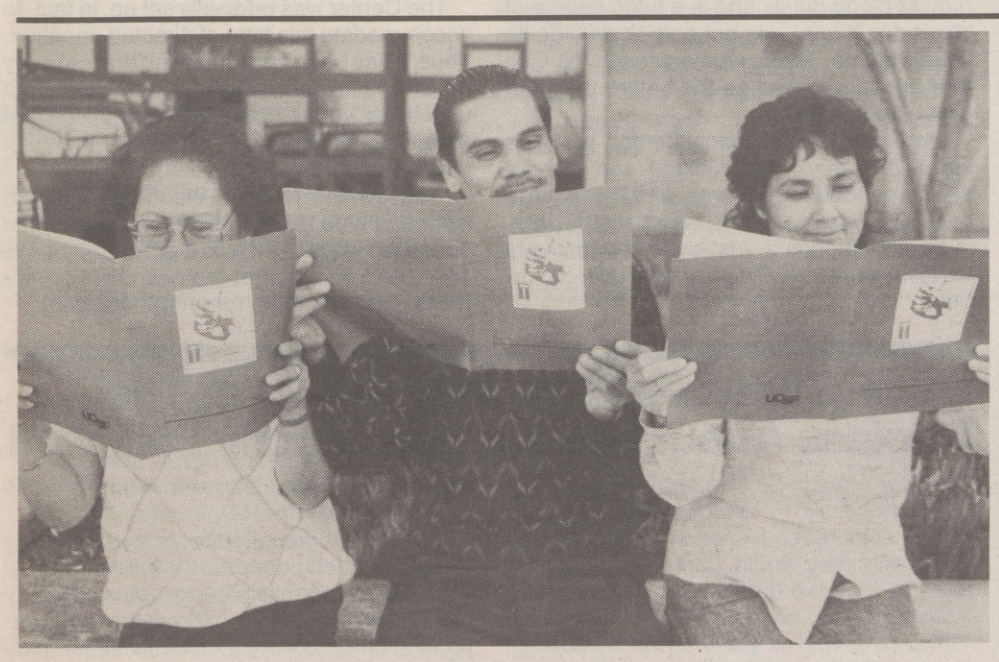
**Personal:** Teru's son.

**How he landed in present position:** Had just graduated from college last June and was home only one day, ready to relax and enjoy the summer, when he got a phone call, asking if he could fill in for Nancy Vega while she was on leave — starting the next day.

**About school:** Switched majors twice — from psych to marketing to administrative management. Was thinking in terms of a career when he settled on the latter and wound up his degree at Cal State LA. Career choice was a complicated matter. Has a good head for business, but likes very much working with people — loved working in the Admitting Department — and says his choice could have been social work. Hopes to settle in a position where the emphasis is on the social aspect.

**About basketball:** Keeps him busy. Has been playing since age 8. Currently plays in a league, competes once a week, coaches a team of 13-year-olds, and three years ago, at an unusually young age, became a referee with the Northern California Basketball Officials Association. Officiates at games around the Bay Area about three time a week during the season. "They call it 'work' but it doesn't seem like it."

**About working down the hall from mom:** "I'm her main source of stupid questions."



## Suggested Reading

*Perhaps you've heard about a new storehouse catalog filled with shirts, hats, totes, aprons and many other items labeled with the "Thumbs Up" insignia. The catalog, created by the Med Center's Employee Recognition Committee, allows the people who do the recognizing to thumb through and make selections for those who deserve to be recognized. If your department is in need of one of these catalogs, talk to your supervisor. Many thanks to models (left to right) Evangeline Dilag, Dennis Valdivia and Ana Franco, all from the Master File Unit of Medical Records.*

## Good Toys, But Lighter Load

This year's Holiday Toy Drive sponsored by the Medical Center produced about half the number of toys collected last year, according to Patient Escort's Richard Felder, whose department distributes and collects the barrels throughout the campus. "But the toys were of excellent quality," he said, and there was an ample amount to distribute to all the pediatric areas across campus that were counting on the donations.

The organizers asked for new or nearly new toys to distribute to inpatient and outpatient areas on Parnassus, Mount Zion and SFGH. According to Richard, we had hoped to be able to donate a large quantity to some of the citywide charities in addition to covering our own needs, which was the case last year. Although the amount was not large, we did have a few left over to donate to outside collection efforts.

Reportedly, toy donations were down all over the city, presumably the result of across-the-board belt tightening. Our own toy drive was expected to be bolstered by an effort on the part of high school students in the city, but apparently that effort never got off the ground.

## Last Call: Special Projects, Entertainment '92

Two deadlines are looming nigh:

- Friday, January 31, is the deadline for proposals for Special Projects funded by the Auxiliary. If your department has a need for something that will directly benefit patients and/or families and doesn't cost more than $25,000, call 476-4906 now for further information. The projects are funded by the money raised from the Auxiliary's various fundraisers throughout the year.
- Monday, February 3, is the last chance to buy one of the "Entertainment '92" books offered by the Auxiliary. For $35, you get major discounts at restaurants, hotels, events, etc. Four editions available: SF/Marin, SF/San Mateo, Alameda County and Contra Costa County. Books are good until November 1, 1992. Purchase at the Auxiliary Office, M 182 (across from cashier on first floor of Moffitt) 8:30 to 5 p.m. Best to call first, 476-4906.

## FIP Update: Task Forces Forming

*Submitted by the FIP Committee*

This is the third article in a series on the Financial Improvement Process (known as FIP) undertaken by the Medical Center. The previous installment included an excerpted letter from Bill Kerr outlining the Medical Center's goal of reducing operating expenses by $25 to $30 million within the next two-and-a-half years.

This installment covers one phase of the process, the formation of task forces. The goal of these groups is to make recommendations for improvements in certain cross-departmental areas and then take the steps to meet these targets. The following are some of the initial project groups and corresponding group leaders:

- **Patient administration.** Leaders: Marty Diamond and Ron Schumacher. Goal: To provide better services to patients, make patient stays more efficient and enhance reimbursement.
- **Nursing skill mix.** Leaders: Linda Mann and Pat Siberz. Goal: To develop an increased role for nursing aides in patient care areas.
- **Management and skill development.** Leader: Bill Kerr. Goal: To evaluate and improve management processes and effectiveness.
- **Patient services skill mix.** Leaders: Helen Ripple and Bruce Schroffel. Goal: To review the mix of skills needed for patient services (including Respiratory Therapy, Physical Therapy, EKG, Social Work, Transport Services and Phlebotomy); to improve coordination among nursing units and ancillary services, and to deliver more efficent care.
- **Nursing documentation.** Leader: Sue Flanagan. Goal: To reduce staff time for documentation by eliminating duplication and implementing automated documentation wherever possible.
- **Revenue Enhancement.** Leader: Jackie Kuhn. Goal: To increase net revenue through improvements in charging and billing systems.

These initial groups will begin meeting in January and continue meeting every week, with the goal of completing work in early April.

A one-day training session for group participants and associate directors will serve as a kick-off for the groups. The session is designed to boost skills needed for members to develop their programs and make successful recommendations within a 15-week time frame.

A more broad-based training program, to include all department managers and directors, is planned for the spring.

More information on the above as well as further FIP activities will be covered in this publication and in departmental and management meetings. Any suggestions or ideas in regard to the FIP activities are welcomed. Direct them to the group leaders or to FIP coordinator Karen Cosgrove, 476-8561, M 167, Box 0208.

Note: A detailed list of task force membership and goals, as well as departmental projects, will be distributed to managers for posting.

Volume 7, Number 2 January 18-31, 1992

# UCSF Medsounds

**Page 1 . . .** Campus invited to symposium celebrating School of Nursing's WHO designation

**Page 3 . . .** Nearly $1 million for Margulis Chair

**Page 6 . . .** HIV-Positive Policy

Medsounds *is a section for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center.*

## After 6 Years, Sophia Can Talk Again, Thanks to Dedo's Micro "Trap Door" Flap Technique

Six years after a terrible burn nearly closed her windpipe from scar tissue and left her with only a tiny whisper, 11-year-old Sophia Barba can talk again. This wonderful new experience for Sophia comes as a direct result of a technique developed by UCSF otolaryngologist Herbert Dedo.

After previous attempts by other doctors to remove the scar tissue and clear the airway — only to have the scar tissue grow back to completely close her airway — the San Jose sixth-grader was referred to Dedo.

"She had no voice at all when she arrived," says Dedo, "not even a whisper. The challenge in a case like this is how to clear the opening without it scarring shut again. It's a key question doctors have been trying to figure out for a long time."

Some years ago it occurred to Dedo that if the mucous membrane covering the scar tissue could be preserved, i.e., if the tissue beneath the mucous membrane could be removed leaving the membrane intact, this would thwart the growth of new scar tissue. Put to clinical test, his theory proved sound. Today — many successful cases later — he is well known for the technique.

He jokes that in giving it a name, he had the choice of pinning his own name on it, or giving it a descriptive name. He settled on the latter, a name that is so long and so descriptive, he just calls it his "micro trap door flap" technique for short. This comes from the fact that when he cuts away the mucous membrane from the scar tissue, he creates a flap that works like a trap door that falls back down over the space where the scarring was removed.

John and Maria Sanchez, who are Sophia's aunt and uncle and serve as her legal guardians, said they heard of Dedo's work through the Burn Foundation while they were still living in Southern California. Thus, when they relocated to San Jose, and were referred to him through their HMO, they were very hopeful for Sophia.

The scar tissue removal is done in stages. "The process is something like walking up a hill of sand," says Dedo. "Every time you take two steps up, you fall one step backward." He explains that some amount of scarring returns each time, but not as much as before. Eventually, you create an adequate opening.

Last week, Sophia underwent her fourth procedure with Dedo. After the second, she got her voice back. The hope is that now — or soon — enough scarring will be removed to allow her to breathe without the tracheostomy tube she has worn for six years, ever since the fire.

*Herbert Dedo (left) with Sophia Barba (center) and John and Maria Sanchez*

Sophia's Aunt Maria relates the account of how when her niece was only five years old and living in Phoenix, she and her brothers were playing with matches and started a fire in the utility room of Sophia's home. It was an area where paint thinner and other flammable items were stored, and the room quickly went up in flames. The other children escaped, but Sophia got caught in the fire.

Her burns covered 48 percent of her body and she spent three months in the hospital. The internal damage led to a prognosis that she would always require the trach tube and likely never have a voice.

Following her departure from the hospital, Sophia came to live with her aunt and uncle, who have two sons of their own, now ages 13 and 18. Despite the rocky road of surgeries, skin grafts and disabilities that accompany such a serious burn, Sophia has maintained a blithe spirit over the years, say the Sanchezes. And they carry on just as any family.

"Sophia definitely has the survival spirit," says her aunt. For instance, last year, before she had her voice back, Sophia joined the chorus at school, and sang along soundlessly to her heart's content. Now that she really *can* sing, however, she's decided that she'd rather join the band — and has taken up playing the drums.

"Her most recent accomplishment is running a full mile," says Maria. "And we can thank Dr. Dedo for that, too."

## Blood Donor Center Extends Hours (Again); Third Platelet Machine Coming

Beginning March 1, the Medical Center's Blood Donor Center will be open Monday through Friday from 8 a.m. to 8 p.m. and Saturday, 9 a.m. to 4:30 p.m.

Last fall the Center began the longer "8 to 8" schedule two days a week, partly to be available to more than just the daytime shift. The extra hours were so well utilized, says supervisor Jean Katz, they decided to extend this schedule to the entire work week.

Another new development is the arrival of a third platelet machine, due the last week of January. "We're trying to get the word out," says Jean. Lately, there have been more donors than available machines, especially during the lunch hour, a popular time for employees to donate. "Hopefully, the third machine will fill the gap during the busy hours and we won't have to turn anyone away."

Jean notes that January is National Volunteer Blood Donor Month. Traditionally, blood is in short supply everywhere this time of year; thus, the selection of January for the national awareness campaign. This year the problem on the national front is exacerbated by the fact that the military — which sponsors regular blood drives and is a huge source of blood donations — is not able to provide its usual volume. Those who served in the Gulf War are in a waiting period before they can give blood again.

Our own Blood Donor Center provides about one third of the blood and platelet supply needed for patients at UCSF. A large part of the supply comes from patients' relatives and friends — or even the patients themselves, stockpiling a supply prior to surgery.

The Center was originally set up, in fact, to accommodate this type of directed donation. Thus, it has been very gratifying that so many UCSF employees participate, says Jean. Last year there were 1,000 platelet donations and 6,500 blood donations — many, many of which came from employees.

"That in mind, National Blood Donor month is a good time to thank everyone who made donations last year. It was a great year," says Jean. And don't forget the new platelet machine. Call 476-6989 for an appointment.

*January is a good time to go see your friends in the Blood Donor Center: (left to right) Jean Katz, Gracie Saavedra, Silvestre Daiz and Susan Aguinaldo.*

## UCSF Study: Patients May Not Want Their Choices About Life-Support Strictly Followed

The new "Patient Self Determinaton Act" requires hospitals to inform patients of their right to specify in advance which life support treatments they would want if they become too sick to make decisions for themselves. However, many patients may not want such "advance directives" followed strictly, according to a UCSF study led by nephrology fellow Ashwini Sehgal.

"Everyone has assumed that all patients want their advance directives followed strictly, but no one has ever asked patients directly," said Sehgal, who is the lead author of a study published in the January 1 issue of the *Journal of the American Medical Association.*

In a survey of 150 kidney dialysis patients, about 40 percent of patients wanted their advance directives followed strictly. However, the other 60 percent would give permission to a family member and their doctor to override advance directives if it were in the patient's best interests.

"In the real world, patients can't foresee exactly what will happen in the future," Sehgal said. "New, unanticipated treatments may become available. Or unforeseen complications such as a stroke or heart attack may develop. In some situations, it might be best for a patient if family members or doctors override his or her advance directives."

Sehgal believes advance directives are valuable, but need to be improved. "The new law will encourage patients to tell their doctor and family members what medical treatments they would want if they become too sick to make decisions for themselves. But that is not enough. We also need to know how strictly patients want their advance directives followed and what factors they want considered in overriding their advance directives."